

HAPPY HOPE WELLNESS
PRESENTS

THE
*Creative
Wellness*
RETREAT



Join us for a restorative and transformative creative art and
sacred sound healing retreat!

March 13-15 2026



Includes

- Two-night stay at a serene, nature-based retreat property
- Nourishing meals (included!)
- Creative wellness experiences
- Restorative sound healing
- Peaceful nature walks
- Art + expression workshops
- Deep connection with self + others

RETREAT REGISTRATION OPEN

WWW.HAPPYHOPEWELLNESS.COM



THE

RETREAT

LOCATION



Hill Country Nature Retreat
1450 Crabapple Rd, Blanco, Texas



Nestled on 37 acres of untouched Texas Hill Country, Hill Country Nature Retreat is a sanctuary of art, nature, and soulful stillness. Hand-built by its caretakers using reclaimed materials and powered by rainwater and solar energy, every corner reflects intention, simplicity, and care.

Hill Country Nature Retreat

From quiet forested paths to sweeping views over rolling hills, the retreat offers immersive natural beauty and peaceful seclusion



MEET THE HOST

HAPPY HOPE WELLNESS LLC

Jenna Annas

- Creative and Sound-Based Wellness Facilitator
- Grief and Trauma Coach
- HeartMath Practitioner
- Emotional Intelligence and Mindset Specialist
- Air Force Veteran
- Extensive background in educational and therapeutic settings



Empowering individuals, uniting communities, and enhancing workplace culture through immersive sound and creative wellness practices.



Jenna Annas is the heart behind Happy Hope —a transformational guide who believes healing can be beautiful, empowering, and yes, even fun. Blending emotional wellness, creativity, and sound healing, Jenna helps others reconnect to the joy within and rediscover the magic of life after loss or change.

Her approach is filled with laughter, light, and love—inviting you to let go of what no longer serves you and open your heart to what's possible. Through reflection, play, and mindful connection, she reminds us that life is supposed to be fun, and that hope is not something we find—it's something we create.



Happy Hope Wellness LLC is a woman-owned, veteran-owned business, and certified with the Texas Veterans Commission.

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RETREAT EXPERIENCES & ACTIVITIES

- **Arrival & Exhale** – Settle in, explore the retreat grounds, and ease gently into your weekend of renewal.
- **The Artisan's Table** – Savor nourishing, handcrafted meals prepared to support balance and creativity.
- **Soul Sound Journey** – Immerse yourself in a restorative sound bath that calms the nervous system and restores inner harmony.
- **Sunset Muse** – An evening creative experience inspired by the colors, sounds, and stillness of the Hill Country sunset. Blend art, nature, and reflection as the sky becomes your muse.
- **Sunrise Awakening** – Begin the day with mindful movement, breath, and nature immersion to awaken your senses.
- **Soul Breaks** – Unstructured time for rest, reflection, journaling, or quiet moments in nature — space to just be.
- **Creative Flow Workshop** – Tap into your imagination through intuitive art, journaling, and nature-inspired expression.
- **Nature's Whisper Walk** – A guided mindful walk through the Hill Country to ground and reconnect with your inner peace.
- **Pressed Flower Keepsake Workshop** – Create a personalized keepsake that captures the essence of the retreat and your creative flow.
- **Fireside Release Ceremony** – Gather beneath the stars to release what no longer serves you and invite renewal.
- **So much more.....**



Lodging AT THE RETREAT

SLEEP UNDER THE STARS

For the adventurous at heart — drift off beneath the Hill Country night sky and rise with the sun surrounded by nature's serenity. Simple, soulful, and deeply restorative.



- Open-air camping area– A peaceful place to soak in nature, relax in beautiful ambience and feel the night air on your skin.
- Shaded tent spaces – Nestled beneath tree canopies, perfect for cozy evenings by the fire. (Bring your own camping gear)
- Nearby amenities – A short walk to the retreat's shared kitchen and modern bathhouse, keeping you close to comfort while fully immersed in nature.

4 SPOTS AVAILABLE



Lodging AT THE RETREAT

The Artist's Studio

A serene, light-filled space designed to awaken creativity and connection. This shared studio invites relaxation and inspiration with cozy beds, natural textures, and views of the surrounding Hill Country. Perfect for those who love quiet reflection and soulful conversation.



The Studio is an artist's dream room. With a queen bed, writing desk, small armoire and plenty of room, you'll feel right at home here. This eco-friendly and sustainable cabin room shares a wall with the Workshop and is within close walking distance (a 30 second walk) to the bath house and the kitchen.

Shared Room 2 spots Available

The Studio is an artist's dream room. With a queen bed, writing desk, small armoire and plenty of room, you'll feel right at home here. This eco-friendly and sustainable cabin room shares a wall with the Workshop and is within close walking distance (a 30 second walk) to the bath house and the kitchen.



The Studio is a 1-2 minute walk from the bath house, which has 3 separate bathrooms with flushing toilets and sinks, 1 private indoor shower and 1 private outdoor shower. The shared kitchen is next to the bath house. The kitchen has a 4 burner stove and oven that you're also welcome to use and we have a large propane grill outside.

We have picnic tables for outdoor dining under the trees and we have a covered eating pavilion as well. There's also a trail system that meanders through our 37 acres that you're welcome to hike on.

Lodging AT THE RETREAT

A cozy, stylish private space blending modern comfort with the charm of outdoor adventure. This beautifully restored Airstream offers a peaceful retreat where you can rest, reflect, and reconnect with nature.

Highlights:

- Private lodging with a touch of retro charm
- Comfortable sleeping area and serene interior design
- Outdoor seating to enjoy quiet mornings or starry nights

The Airstream



The airstream campsite provides a perfect balance between being completely immersed in nature but with creature comforts like a queen sized bed, a writing desk, a record player with the classics, a comfy reading chair and plenty of storage. The full size bathroom and kitchen are detached and only steps away.



Lodging AT THE RETREAT

An intimate, art-inspired retreat space designed to nurture creativity, reflection, and connection. Surrounded by nature, this cozy cabin offers a peaceful sanctuary where you can relax, create, and recharge

- Private Bathroom/Shower
- Private Kitchen Space.

Add On Option to
bring a friend to
share room (sofa
bed)

The Cabin



Description: Designed and built by Marlena and her husband, Eugene, this 400 square foot sustainably built tiny cabin with a front deck, rooftop deck, screened in back porch has plenty of space to roam or stay indoors and enjoy the views from the wall to wall 5 to 7 foot tall screened windows. Enjoy a private trail to the ancient oak tree.

The Cabin



Lodging AT THE RETREAT

A magical, tucked-away haven rising among the trees, offering a unique blend of privacy, luxury, and connection to nature. This multi-level retreat provides the perfect space for deep rest, reflection, and inspiration, surrounded by the sights and sounds of the Hill Country.

Highlights:

- Elevated, multi-level private lodging with panoramic views
- Ground floor kitchen and bath with cozy upper bedroom
- Rooftop decks for stargazing and quiet meditation
- Immersed in nature with easy access to trails and retreat spaces

-Includes Private Sound Bath

The Treehouse



The Treehouse is our tallest structure, standing at a towering 30 feet, with a bottom floor kitchen, bathroom and screened in porch, middle floor bedroom, and top floor roof deck which offers miles of amazing hill country views. This eco-friendly and sustainable structure sits atop 37 acres with access to a half mile trail that winds



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RETREAT MAP



Happy Hope Wellness Creative Wellness Retreat guests enjoy full access to the property, including thoughtfully designed lodging options:

Guests are invited to move with the natural rhythms of the land—wake to birdsong, breathe in fresh country air, stargaze from rooftops or fire pits, wander the trails, and lean into moments of quiet and creative expression.

More than a venue, Hill Country Nature Retreat is a living, breathing expression of sustainability, heart, and rewilding—a space to disconnect from daily busyness and reconnect to your inner light, creativity, and the wild beauty of Texas.



THE
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INVESTMENT



- **Campsite Under the Stars** – \$333

- Sleep beneath nature's starlit canopy.

- **Artist's Studio** (Shared, 2 Beds Available) – \$633

- Connect, create, and rest peacefully.



- **Airstream Hideaway** (Private) – \$888

- Glamping comfort immersed in nature.

- **The Cabin** (Private) – \$999

- Inspire creativity in private sanctuary.
- Option to add friend for \$444 (sofa bed)

- **Treehouse Escape** (Private) – \$1,111

- Elevated views, ultimate private retreat.
- Private Sound Journey curated specifically for you